

Individual Exercise

JUDGE

Difficulty (D)

Judge N°

Date: (datum)



Country: N°gymnast: Demo Gymnast

Difficulty	JUDGE	Difficulty	JUDGE	Difficulty	JUDGE
Value 0.4 → 0 ₂		Value 0.3 + 0.3 ○○○→ OMO(⊗≠)s→→		Value 0.5 O 5	
Value 0.5+0.7 → R ₄ ⊕ ↓		Value 0.4 O 4		Value 0.3 ○○○→ O s→→	
Value 0.3 + 0.3 M→(≠⊗)s→→		Value 0.8 → 0 ₂		Value 0.1 + 0.5 → 1 1 1	
Value 0.5 ∞ P		Value 0.8 ⊗ R ₃ ⊕ ↓		Value 0.3 M↓(⊗≠)	
Value 0.3 + 0.5 M↔(⊗≠) e		Value 0.7 ∞ e		Value	
Use music with voice and words ✓				TOTAL: 8.5	
Incorrect calculation of:		<ul style="list-style-type: none"> • More than 9 Difficulties declared • Less than 2/more than 4 Difficulties of each Body Group • Min. 1 R • Max. 3 s→→ 		Penalty	
For absence of Fundamental groups predominance (less than 50%)				FINAL SCORE JUDGE	
F: 12 O: 7					

Coach Signature

Judge Signature